

“I worry about them coming across videos that they are not supposed to see.”

“I worry about group chats- how are they policed?”

“How do you stop a child from having their device in bed?”

“I ask them to put their phone away and then they pick up their tablet!”



Online Safety Evening



Tuesday 7th November, 6-7pm



- Introduction
- Martha and Oscar from KWS
- Marianne Mudd
- Lara Parish-Mackin
- David Summers
- Questions and thoughts

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Technology

TikTok removes more than seven million suspected under-age accounts



YouTube removing dislike 'discourages trolls' but 'unhelpful for users'

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Technology

Online Safety Bill: divisive internet rules become law

What is the school's guidance?



- ✓ We ask an adult before we use a technology device.
- ✓ We check the age requirement before we use an app, game or website.
- ✓ We use respectful and kind behaviour online.
- ✓ We know not to share personal information.
- ✓ We know not to spend too long on a technology device.



Ways to help with Screen Time



Set up screen time limits on devices:

For Apple Devices

<https://support.apple.com/en-us/HT208982>

Turn on Screen Time

1. Go to Settings > Screen Time.
2. Tap Turn On Screen Time.
3. Tap Continue.
4. Select This is My [device] or This is My Child's [device].

For Android Devices

<https://support.google.com/android/answer/9346420?hl=en-GB>



Ways to help with YouTube

Use YouTube Kids

<https://www.youtubekids.com>



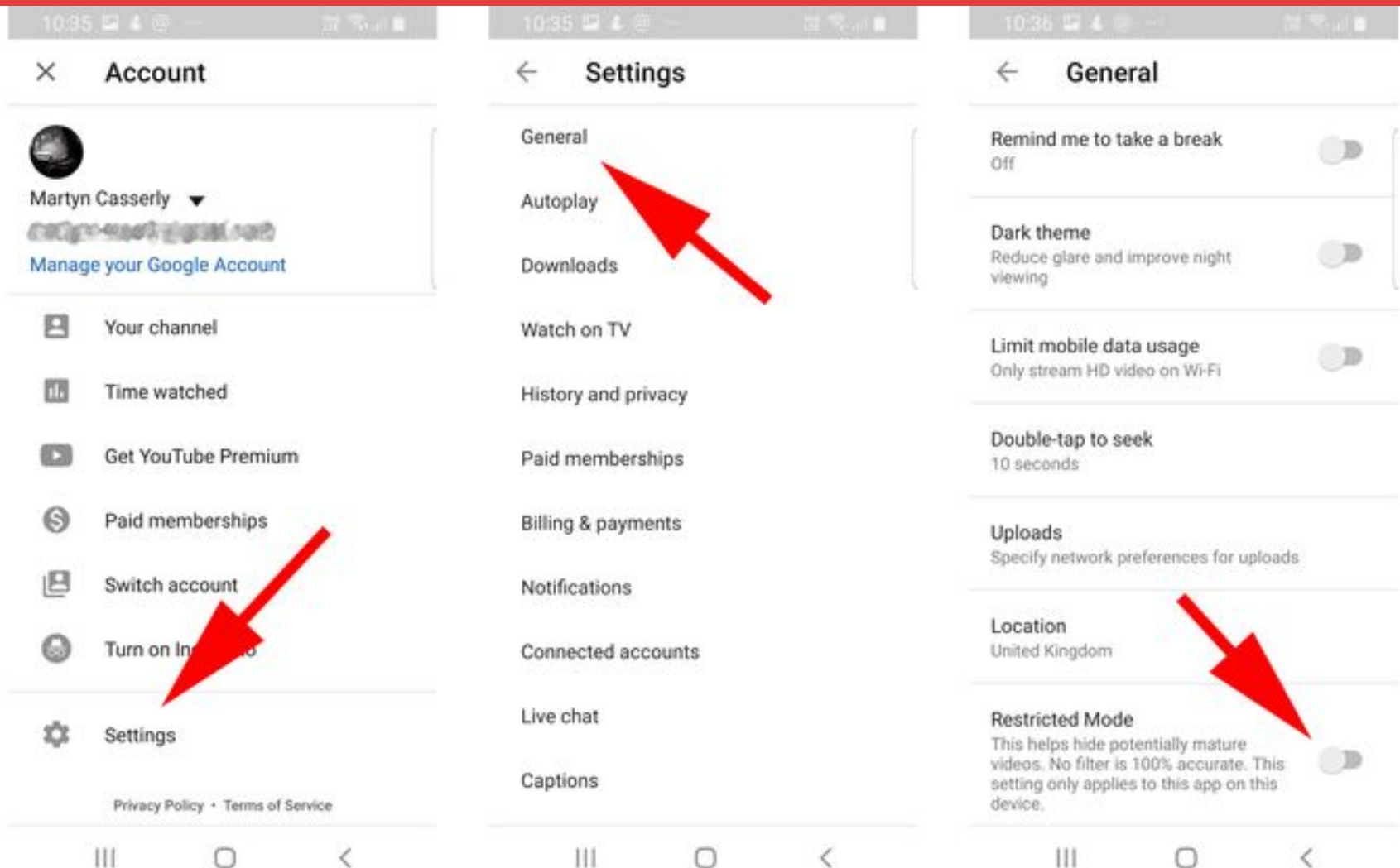
Get a parent to set up YouTube Kids

I'M A CHILD

I'M A PARENT

[LEARN MORE](#)

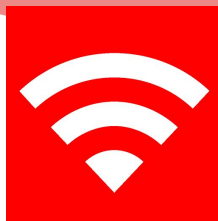
You can also turn on 'Restricted Mode' on YouTube but it only applies to the app on the device you have done that for.



Ways to help with controlling access



WiFi Blocker App



<https://wifi-blocker.com/>

£4.99

Your internet provider should have free parental control settings you can activate



<https://saferinternet.org.uk/guide-and-resource/parental-controls-offered-by-your-home-internet-provider>



How to set up the parental controls offered by BT

Video guide from BT about
how to set up parental
controls.



How to set up the parental controls offered by Sky

Video guide from Sky about
how to set up parental
controls.



How to set up the parental controls offered by TalkTalk

Video guide from TalkTalk
about how to set up parental
controls.



How to set up the parental controls offered by Virgin Media

Video guide from Virgin
Media about how to set up
parental controls.



S.O.C.K.S. Online Safety Mascot





13+



Facebook



Snapchat



Instagram



Twitter



TikTok



Kik



YouNow



Yubo



House Party



Monkey

16+



WhatsApp

17+



Sarahah



YOLO

18+



MeetMe



LiveMe

How does the school assess online safety?



- Termly assessments accessed on Chromebooks designed by the school's Computing lead – formative tool.
- Use of end of year assessment outcomes-summative tool.

How would you report a concern such as cyberbullying? *

0 points

Your answer

What is the age requirement for the following apps and websites?

* 1 point

WhatsApp, Snapchat, Facebook, Instagram and YouTube.

- ☐ 7+
- ☐ 8+
- ☐ 10+
- ☐ 13+
- ☐ 12+

What can happen to our physical and mental health if we spend too much time playing games online? Tick all that apply.

* 8 points

- ☐ Lack of exercise
- ☐ Weakened immune system
- ☐ Sleep quality can be negatively affected
- ☐ We become more creative
- ☐ Dry eyes
- ☐ Headaches
- ☐ Neckaches
- ☐ More at risk from anxiety
- ☐ At risk of addiction to gaming
- ☐ We learn how to talk to people face-to-face

What is a computer virus?

0 points

Your answer



What is a digital footprint? *

Long-answer text

How would you teach another child to be safe online? What would be your main piece of advice? *

- ☐ Don't share personal information
- ☐ Ask an adult for permission to use an online device
- ☐ Listen and follow all of the school's guidance about online safety

How would you respond if you saw inappropriate content online? Tick all that apply.

- ☐ Report it
- ☐ Block it
- ☐ Tell a trusted adult
- ☐ Ensure not to use the app, game or website again



If you chose to write something unkind about someone else online, they might feel: (tick all that apply) *

- ☐ Upset
- ☐ Angry
- ☐ Embarrassed
- ☐ Confused
- ☐ Anxious because it could be seen by lots of people

Are you allowed to share an image of someone else online without permission?

- ☐ Yes
- ☐ No

Why is it important to be careful with anything we post online? *

Long-answer text



Computing

Progression of skills and knowledge



	Working towards C.E.	At Curriculum Expectation	Above C.E.
<u>Digital Literacy</u> <i>Use technology safely, respectfully and responsibly; recognise acceptable/unacceptable behaviour; identify a range of ways to report concern about content and contact.</i>	<ul style="list-style-type: none">• The learner understands the need for rules to keep them safe when exchanging ideas online.• The learner can understand that an adult needs to know what they are doing online and understand how to report concerns, including cyberbullying.• The learner can explore key concepts relating to online safety using concept mapping such as 2Connect.	<ul style="list-style-type: none">• The learner recognises the need to choose age-appropriate games to play on their devices, and when to limit use.• The learner can recognise the need to protect their devices from viruses.• The learner understands that any personal information they put online can be seen and used by others (a digital footprint).• The learner can also help others to understand the importance of online safety.	<ul style="list-style-type: none">• The learner knows a range of ways of reporting inappropriate content and contact.• The learner can recognise that they can use online tools to collaborate and communicate with others and the importance of doing this responsibly, choosing age-appropriate websites.• The learner recognises the effect their writing or images might have on others.



Katherine
Warrington
School



Health and safety online and what you can do to help

From two year 10 students at Katherine Warrington School

Start Now



Forewarning

We know that it often comes across that being online is a negative thing, but there are really important positives. The internet can be really good for people our age, especially when navigating social situations. I wouldn't be nearly as good at conversing if I didn't



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Next



Support system



Who have we found useful to reach out to?

Trusted adult at home

Trusted adult at school

Friends

Family

Child line

sandbox



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Next



Our personal experiences



Martha

In year 7, I was repeatedly contacted with messages insulting my appearance. I contacted a member of staff, and they sorted it out with the both of us and our parents.



Back

Oscar

During year 8, I got very lost one night, so as any sort of smart person would do, I whipped out my phone to use the map. However, there was a screen time limit on there, meaning I couldn't find my way home very easily.

Next



Where your child can turn to online

Sometimes, they may be too embarrassed to talk to you, so here are some resources for them.

Free, confidential counselling for 13-25

YouthTalk

Mental Health Support for 10-25 year olds

Sandbox

Sending a text as anonymous when in distress

Shout 85258

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Next



What did our parents do for us?

01

Group chats

'Only add people you know'

02

Time limit

Manage their time on their phones

03

Links

Don't click on unknown links

04

Blocking

Teach your child how to block

05

Private accounts

Monitor who sees your child

06

Communication

Talk to your child

Parent worries - Marianne

“Scariest environment not to understand”



- Recommended ages.... Meaningless?
- Group chats - huge!
- HUNDREDS of messages
- Time...
- Tone...
- Pressure to reply
- Unwanted?
- Inappropriate, oversharing
- Miscommunication, confusion
- Admin over groups - controls... ghosting
- Deleted and disappearing messages
- Location sharing
- Personal details/profile... avatar?
- Screen name... passwords?
- Snapchat - advertising and polls... appropriate content? Stories...
- “Influencer culture” - real advertising
- Control over content they watch
- Highly addictive...
- Sharing
- Concentration and awareness - when out and about
- Generally focus... and distraction
- Impact on social interaction - play dates/movies/meals with friends...

How much can a parent do to assist and support positively?

Feedback from parents in Y7



- Get to grips with all they have access to
- Have Rules - screen time, overall/each app, not before bedtime, not during homework
- Supervise contacts - friends requests, gaming contacts, who they can speak to
- Chatrooms... who is there (horror stories)
- They will make mistakes - be there to support and help navigate, but they need to be able to speak to you when need help
- Prepare for use of WA/SC etc - difficult to ban these. Help then know how to use
- Initial - overexcitement, impulsive behaviour - THINK FIRST
- Group chats - how would others feel? Would you say this IRL? Context? Excluding anyone? Inappropriate? Even if small group - can be shared... even if a disappearing message
- Skim your children's WA groups and discuss with child in supportive way
- Check the chats in the chatrooms

- Streaming - follow the content they watch, discuss it, feel free to disallow any you don't agree with - and explain why. Show interest. Encourage critical thinking.
- Rules regarding posting content and comments
- Tiktok - bullying... can be reported and blocked

Learn about the apps and controls

Private location settings

Age log ins

- Kathy Weston
- TooledUp
- Qustodio
- Google Family

Impact on mental health - put away in the evenings, try to put away when watching movies/sport...

Talk to other parents - tip each other off and help each other.



A Parent guide - Lara

- Be as educated as you can
- Have open and regular dialogues with your children
- Don't let anything just be banned and not allowed without explaining why.

National online safety- 7 questions

To takeaway-

How will you embed these into your routines and develop these conversations?

What do you need to go away and research- which apps/games?

How do you model online safety with your own social media accounts?



The Law and Consequences-Dave

- ▶ Taking, making, sharing, circulating and possessing indecent images and pseudo-photographs of people under 18 is illegal.
- ▶ A pseudo-photograph is made by computer graphics or otherwise that appears to be a photograph. This can include: photos, videos and data that can be converted into a photograph
- ▶ The law is very clear regarding anyone involved in the taking, making, circulation, possession and distribution of any indecent photograph and such offences carry a maximum sentence of 10 years' imprisonment
- ▶ The possession of indecent photographs of children (anyone under the age of 18) is an offence and carries a maximum sentence of 5 years' imprisonment
- ▶ Having a criminal conviction for possession of indecent images can severely affect your future career prospects and certain countries will deny you access if you have such a conviction.

Age of criminality

The age of criminal responsibility in England and Wales is 10 years old.

This means that children under 10 can't be arrested or charged with a crime. There are other punishments that can be given to children under 10 who break the law.

Children between 10 and 17 can be arrested and taken to court if they commit a crime.

Things can change so fast on the internet.

Tim Berners-Lee



"You know the rules, no surfing without a lifeguard watching over you."



~~SURVIVE~~ THRIVE

The technology industry is predicted to grow by 22% by 2025 (Indeed, May 2023)