

## SUMMER AUTUMN 2022/23 MENU

**WEEK 1** – served week commencing: 19<sup>th</sup> April, 9<sup>th</sup> May, 6<sup>th</sup> June, 27<sup>th</sup> June, 18<sup>th</sup> July, 1<sup>st</sup> September, 19<sup>th</sup> September, 10<sup>th</sup> October

	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
<b>RED option (meat/fish)</b>	Macaroni Cheese with Tomato Bread	Chicken Pie with Roasted Potatoes	Roast Pork Loin with Stuffing	Beef Burger in a Bun with Diced Potatoes	Battered Fish
<b>GREEN option (VEG)</b>	Vegan Chilli topped Potato Wedges	Mild Vegetable Curry with Rice	Vegan Sausages with Gravy	BBQ Quorn Fillet with Savoury Rice	Cheese and Tomato Pizza
<b>YELLOW Option</b>	Cheese Sandwich	Chicken Roll	Tuna Baguette	Ham Roll	Egg Roll

**WEEK 2** – served week commencing: 25<sup>th</sup> April, 16<sup>th</sup> May, 13<sup>th</sup> June, 4<sup>th</sup> July, 5<sup>th</sup> September, 26<sup>th</sup> September, 17<sup>th</sup> October

	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
<b>RED option (meat/fish)</b>	Pork Sausages with Gravy and Creamed Potatoes	Organic Beef Bolognese with Pasta	Roast Chicken with Sage and Onion Stuffing	Quorn Pattie in a Bun with Potato Wedges	Fish Fillet Fingers
<b>GREEN option (VEG)</b>	Roasted Vegetable Lasagne with Garlic Bread	Tomato and Cheese Tart with Potato Wedges	Vegetarian Meat Free Balls with Homemade Tomato Sauce	Deli Wrap with Rice	Cheese and Tomato Pizza
<b>YELLOW option</b>	Tuna Baguette	Chicken Mayo Roll	Ham Roll	Cheese Sandwich	Egg Roll

**WEEK 3** - served week commencing: 3<sup>rd</sup> May, 23<sup>rd</sup> May, 20<sup>th</sup> June, 11<sup>th</sup> July, 12<sup>th</sup> September, 3<sup>rd</sup> October

	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
<b>RED option (meat/fish)</b>	Chicken Grill with Potato Wedges	Quorn Hot Dog with Diced Potatoes	Roast Gammon	Organic Beefy Pasta Bake with Mixes Salad	Crispy Coated Salmon
<b>GREEN option (VEG)</b>	Italian Pasta Bake with Crusty Bread	Cheese and Tomato Baked Wrap	Cheese and Broccoli Bake	Savoury Quiche with New Potatoes	Cheese and Tomato Pizza
<b>YELLOW option</b>	Tuna Baguette	Cheese Sandwich	Chicken Mayo Roll	Ham Roll	Egg Roll