

The Grove Junior School PE LTP 2018-19

| | Autumn 1 | Autumn 2 | Spring 1 | Spring 2 | Summer 1 | Summer 2 |
|--------|--|---|---|---|---|--|
| Year 3 | OAA - 4 weeks | Gymnastics(5) - <i>Travelling and balance</i> Dance (5)– Art in Action | SAQ - Athletics | Dance – The Human Body Machine | Gymnastics - <i>Rolling and jumping</i> | Games – <i>Net and wall</i> Tennis |
| | Games – <i>Invasion</i> Netball | Games – <i>Invasion</i> Lacrosse/ Basketball | Games - <i>Invasion</i> Tag Rugby | Games - <i>Striking and fielding</i> Cricket | Athletics Games – <i>Net and wall</i> volleyball | Games – <i>Striking and fielding</i> Rounders |
| Year 4 | Swimming | | | | | |
| | Health and fitness 4 weeks Games - <i>Invasion</i> Tag Rugby | Dance – Art in Action | Games - <i>Invasion</i> Netball | Gymnastics – <i>Headstand, springing and rotation</i> | Athletics / Games <i>Net and Wall</i> Tennis | Games - <i>Striking and fielding</i> Cricket/Rounders |
| Year 5 | SAQ (5) – Athletics / Health and fitness | Gymnastics – <i>Counterbalance/tension</i> <i>Bridging</i> Dance (5) – Art in Action | OAA 4wks | Gymnastics – <i>Symmetry/asymmetry</i> <i>Springing, landing, rotation</i> | Dance – <i>Mission impossible</i> | Games - <i>Net and wall</i> Tennis |
| | Games - <i>Invasion</i> Netball | Games - <i>Invasion</i> Tag Rugby (American football) | Games - <i>Invasion</i> Basketball | Games – <i>Striking and fielding</i> Cricket | Athletics | Games - <i>Striking and fielding</i> Rounders |
| Year 6 | Games(4) - Quicksticks | Dance – Art in Action | SAQ – Athletics 6wks | Gymnastics – Revising previous actions. Bridging, balancing, twisting, turning, symmetrical and asymmetrical body shapes in groups | Games - <i>Striking and fielding</i> Rounders | Games - <i>Striking and fielding</i> Cricket |
| | Gymnastics (5)-Rotation, obstacles | | | | | |
| | Games - Netball | Games – Football(4) Basketball (5) | Games – <i>Invasion</i> Tag Rugby | OAA | Athletics | Games - <i>Net and wall</i> Tennis |